

eSNORE research update for caregivers and professionals

09:30am – 1:00pm UK
28th September 2021



The Baily Thomas Charitable Fund



FREE ONLINE RESEARCH EVENT



We are welcoming parents and caregivers of children with TSC, TSC researchers and health professionals to our online eSNORE research event!

Invited guest speakers will present research across three themes. There will be time for questions within each session. The event will conclude with an interactive live Q&A session and discussion. Attendees are welcome to join the event for part of the day, a single session, or for the whole event.



The Exploring Sleep in Neurodevelopmental Disorders using Online and Remote Evaluation (eSNORE) project was the largest direct study of sleep in children with tuberous sclerosis complex to date. Children aged 4-15 years with TSC in the UK wore activity monitors (actiwatches) to directly measure the profile of sleep across ten days. Children's daytime behaviour was also assessed via telephone interviews, online surveys and a mobile app diary. More information about the eSNORE project is available at: <https://www.cerebranetwork.com/e-snore>

Sleep in genetic syndromes and clinical considerations
09:30am-10:15am UK

Speakers:
Dr Georgie Agar (University of Birmingham)
Dr Catherine Hill (University of Southampton)

TSC research findings from eSNORE and the Cerebra Network
10:30am-11:15am UK

Speakers:
Dr Caroline Richards (University of Birmingham)
Dr Stacey Bissell (University of Birmingham)

Sleep in the context of TAND and the TANDem project
11:30am-12:15pm UK

Speakers:
Prof Petrus de Vries (University of Cape Town)
Dr Stephanie Vanclooster (Vrije Universiteit Brussel)



To register for this free online research event and submit questions ahead of time for the live Q&A session, please scan the QR code or visit our website:



<https://www.cerebranetwork.com/e-snore>

Live Q&A
12:30pm-12:55pm UK
Interactive live Q&A session with speakers